






Continuing to evolve and grow


UMCH Family Services is planning and growing. While our mission continues to be in keeping families together, starting new families and returning children safely to their families or relatives, we are making decisions today that will help the children and families we serve and those who will need our services in the next 100 years to come.


Our work over the past few years has led to increased growth, an expanded offering and more skillfully trained team, numerous beneficial partnerships, and the chance to design a new cutting-edge treatment environment to better serve clients.

 From 2010-2015, we have grown in the number of children and families we are serving. We've gone from serving 600 children a year in 2010 to more than 1,200 by the end of 2015. And, we are poised to serve over 2,000 for 2016.

 As a comprehensive children's mental health and child welfare agency, we work with many children who have experienced trauma. Treating trauma is an essential component that shapes how we offer services and informs the design of the newest office space in which we will serve children.

 As an agency, we are certified by the Child Trauma Academy in the Neurosequential Model of Therapeutics (NMT) and many of our staff members are in the process of becoming certified NMT trainers.

 In addition, we have developed strong partnerships to provide services in community centers, schools, and pediatric offices, and with churches and children's services organizations.

 In 2016, we are extending our mission, reach and capability with a building on East Broad Street in Columbus that we're remodeling into a cutting-edge outpatient facility. This space is designed to be conducive to the treatment needs of children who have experienced significant trauma. Multiple environments will offer activities for gross motor skills, therapeutic art and sensory calming.



UMCH Family Services has a team of highly-skilled, well-trained professionals dedicated to offering child-centered, family-focused care. We provide and preserve families through our treatment foster care, adoption and community-based mental health programs. These families are just like us but are facing problems that get in the way of their ability to function at their best. We passionately believe in the resiliency and potential of all of our clients, and meet them where they are ... whether that is in our office, or in their home or school. We work to instill in our clients effective, evidence-based skills to overcome the struggles they face. *Because, in an age where the need is great, the resources are few and the outcomes matter, we are literally saving the lives of children, and thereby strengthening our present and future communities.*

WHY
we do
WHAT
we do

Our community partnerships are growing and expanding our reach

We are truly blessed to be in a position to help so many children and their families. Over the past several years, our mission has lead us to try to do more with less. Funding from government and third party payers has been reduced or flat. One way to do more is through partnering across the community.

- We have gone from working with a handful of schools to working with more than 30 schools in 6 school districts. Our staff works closely with these schools on a daily basis, keeping services close to children and their families.
- And, we have partnered with community centers across Columbus, as well. Therapists work hand-in-hand with settlement house staff members to foster relationships with at-risk children and their families.
- Were it not for these partnerships, many of these children may end up in out-of-home care. Through helping strengthen the relationships within families, we help strengthen the communities we serve.
- Further, we have partnered with children services boards to return children home from residential programs and also to help them avoid going into these programs.
- Additionally, we are co-located in numerous pediatric offices throughout Columbus.
- And, we have a new Franklin County Children Services assessment contract for 2016.



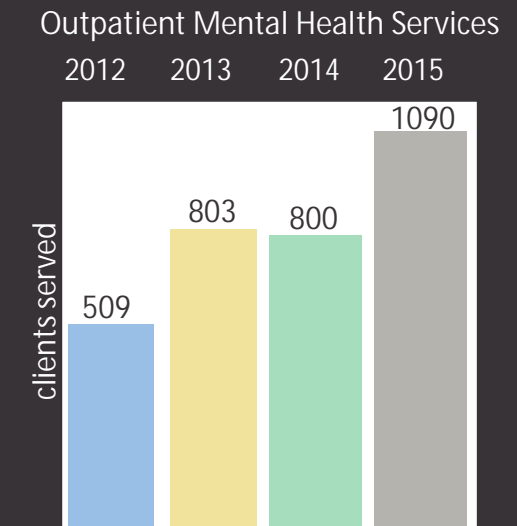
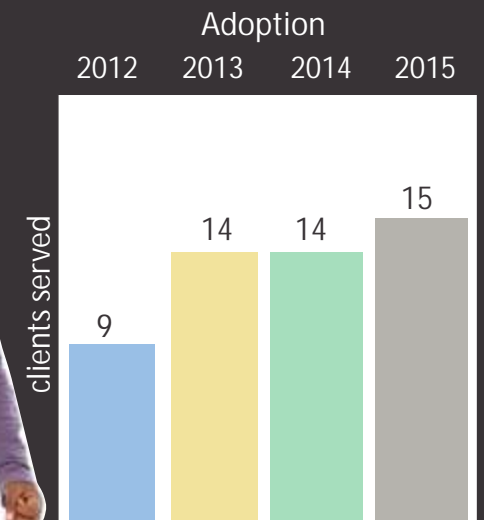
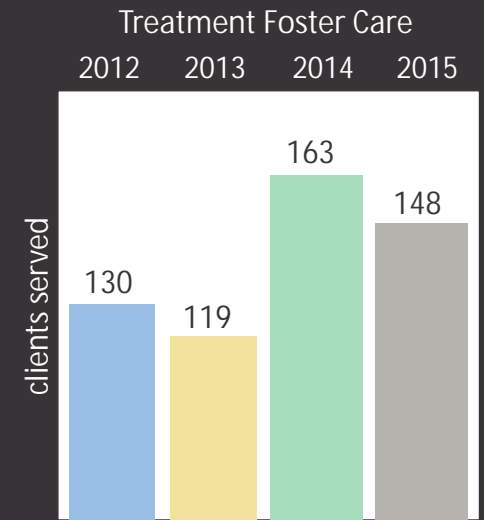
Growing as a trauma informed agency

- We have continued our quest to address the trauma our children and families face on a daily basis.
- As an agency, we are now certified by the Child Trauma Academy in the Neurosequential Model of Therapeutics (NMT).
- All of our staff are certified specialists in a cutting-edge model—Trauma and Loss in Children (TLC)—that has proven it can improve the lives of children and their families.
- Many staff are training to become certified NMT trainers.

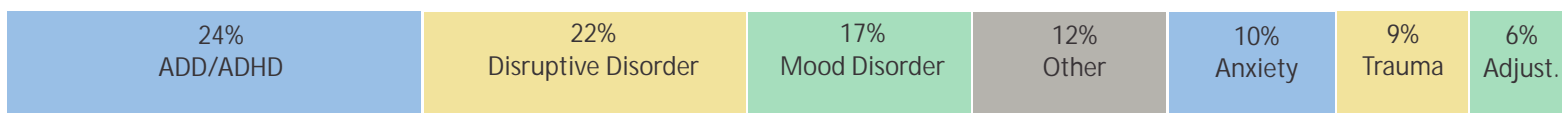
2015 and moving into the future

- In 2015, we grew financially by 11%, while we increased the number of children we serve by 16%.
- We're on track to serve more than 2,000 children in 2016.
- As we transition from The Children's Home in Worthington to a new home in the future, please know that there are hundreds of "homes" in our communities that will be a part of UMCH for years to come.

Department Growth from 2012-2015



Diagnoses of Children in our Outpatient Mental Health Programs



Our Services

Treatment Foster Care

UMCH Family Services Treatment Foster Care program licenses both traditional and treatment foster homes to provide a safe, structured and nurturing environment for displaced youth. Our multi-disciplinary team works collaboratively to provide high quality services to each child placed within our network including mental health and independent living skills assessments, comprehensive treatment planning, individual and family therapy and more.

Adoption Services

From pre-adoption through post, we offer the full continuum of adoption services—one of the most comprehensive programs in the state with both “foster to adopt” and “adoption only” programs. We provide support, training, home assessments, search, supervision, court reporting, interstate compact, case management, counseling, respite, Family Bridges, and post adoption.

Outpatient Mental Health Services

Families need help from time to time simply navigating life. UMCH Family Services' outpatient mental health program offers children and families help through community and school programs to assist families whose children are experiencing difficulties and seek (or need) professional help as well as children struggling with non-academic issues in the classroom.

Residential AfterCare

UMCH is helping ease the transition for children and adolescents back to their families and communities. Our team supports and guides children, adolescents and families to put their healthier thinking patterns, behaviors and attitudes to work. Once successful transition occurs, families become independent. Our involvement typically lasts six months.

Therapeutic Intervention

Our service providers and families work together to achieve family stability by addressing critical needs. Our team provides support and guidance to children, adolescents and family members to improve communication and family relationships using a time-limited approach that typically lasts six months or less.

Overview of Overall Program Results from 2015

1224

in 2015, we impacted the lives of 1224 vulnerable children.

82%

of the kids referred to our Aftercare/Therapeutic Intervention (who were close to having to leave their homes) were still in-home and attending school at 6 months after intake.

81%

of the kids in our Treatment Foster Care program return home, to a relative, or are adopted into a forever family.

50%

since 2011, we have grown by 50% and continue to grow.

300%

since 2011, we have expanded our outpatient mental health services programs by more than 300%.



Excited to Launch a Movement

It doesn't stop there. We are working hard to change the cultural attitude toward mental illness. In 2015, we launched the Change the Hue of Blue movement to begin to change the cultural reality around mental illness and erase the dangerous stigma that keeps people from talking about it and seeking help.

To launch the movement, we held the Change Your Hue of Blue Blues Music Benefit Concert featuring Blues Music Award Winner Diunna Greenleaf. The successful benefit educated attendees about what they can do to change the stigma around mental illness and to spread the message that hope and help are available regardless of income level. Because with awareness, we have the power to change.

Realities change when cultures change and the reality with mental illness is that it's real, painful and, most of all, treatable.





Vital Statistics

- 56 employees
- 5 psychiatric team members
- 5 service locations: Worthington, Reynoldsburg, near Westerville, near West side, Downtown Columbus
- Serving children and families across Ohio

Our Accreditations and Memberships

- Certified by Ohio Department of Mental Health and Addiction Services
- Nationally Accredited by the Council on Accreditation
- Licensed by Ohio Department of Job and Family Services
- Member of National Alliance on Mental Illness
- Member of Ohio Association of Child Caring Agencies
- Certified by the Child Trauma Academy in the Neurosequential Model of Therapeutics

Who Refers Clients

- 30% Franklin County Children Services
- 39% schools
- 12% doctors/hospitals
- 9% other
- 10% parent/relative

Charitable Giving Programs

- \$5 on the 5th
- Planned giving
- Holiday giving
- Change Your Hue of Blue
- 431 East Broad Capital Campaign

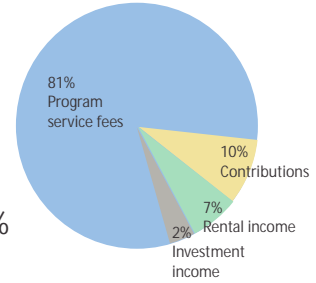


Financial Overview

UMCH Families Services is listed as a 501 (c) (3) nonprofit organization.

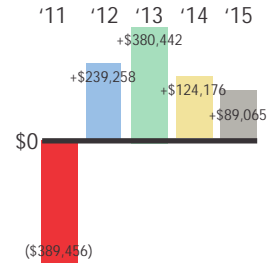
Revenue Source

- Program Service Fees 81%
- Contributions 10%
- Rental Income 7%
- Investment Income (net) 2%



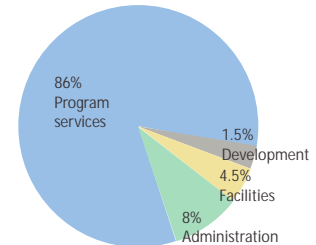
Revenue History/Expense

Year	Revenue	Expense
2011	\$3,417,792	\$3,807,248
2012	\$3,616,604	\$3,377,346
2013	\$4,130,010	\$3,749,568
2014	\$4,451,758	\$4,327,582
2015	\$4,898,216	\$4,809,151



How Our Funds Are Used

- Program Services 86%
- Administration 8%
- Facilities 4.5%
- Development 1.5%



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