



Continuing to EXPAND OUR MISSION across Ohio

Over the past two years, we have had monumental growth steps. For the first time in more than 100 years, we have a new home on East Broad Street in downtown Columbus, central to the population we serve. Here, our Outpatient Mental Health, Psychiatric, Treatment Foster Care and Adoption programs are under one roof, in one cutting-edge facility. We designed this facility to be conducive to the needs of children who have experienced significant trauma.

Often these children don't respond, or don't respond as well, to traditional treatment methods as trauma changes the brain in a way that makes it important to respect the sensory impact of the environment. To that end, we have begun a partnership with the Occupational Department at The Ohio State University.

From therapy to play therapy to gross motor therapy rooms, multiple spaces throughout our building offer activities for sensory calming to help regulate the arousal system and calm the heightened state of fear traumatized children experience.

While our mission continues to be in keeping families together, starting new families and returning children safely to their families or relatives, the move to our new home is already helping and will help the children and families we serve and those who will need our services in the next 100 years to come.

Here are a few additional highlights from 2016 and 2017:

-  We served nearly 1,900 children in 2016 and 1,524 children in 2017.
-  We have expanded our ability to serve 18 to 21 year olds aging out of foster care.
-  We now have 6 locations, including our newest, which is an expansion of Treatment Foster Care into Southwest Ohio.
-  We are opening an office in Middletown Ohio to serve the children and families of southwest Ohio.



Our reach in the community is expanding

We are truly blessed to be in a position to help so many children and their families. Over the past several years, our mission has led us to try to do more with less. Funding from government and third party payers has been reduced or flat. One way to do more is through partnering across the community.

- The need for foster parents has increased dramatically in Ohio, in part, due to the opioid crisis. Therefore, we are expanding foster care. In fact, we licensed 24 foster homes in 2017.
- We have gone from working with a handful of schools to working with more than 30 schools in 6 school districts. Our staff works closely with these schools on a daily basis, keeping services close to children and their families.
- Were it not for these partnerships, many of these children may end up in out-of-home care. Through helping strengthen the relationships within families, we help strengthen the communities we serve.
- Further, we have partnered with children services boards to return children home from residential programs and also to help them avoid going into these programs.



Growing as a trauma informed agency

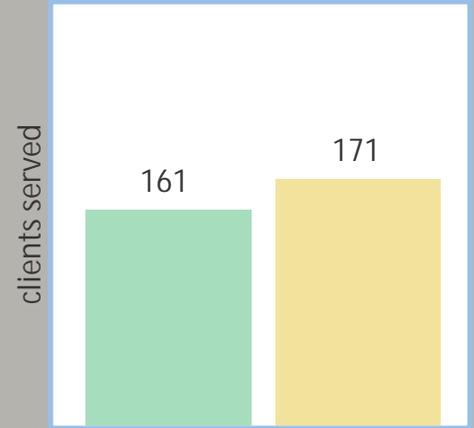
- We have continued our quest to address the trauma our children and families face on a daily basis.
- As an agency, we are now certified by the Child Trauma Academy in the Neurosequential Model of Therapeutics (NMT).
- All of our staff are certified specialists in a cutting-edge model—Trauma and Loss in Children (TLC)—that has proven it can improve the lives of children and their families.
- Many staff are training to become certified NMT trainers and two will have achieved certification in 2018.

2018 and moving into the future

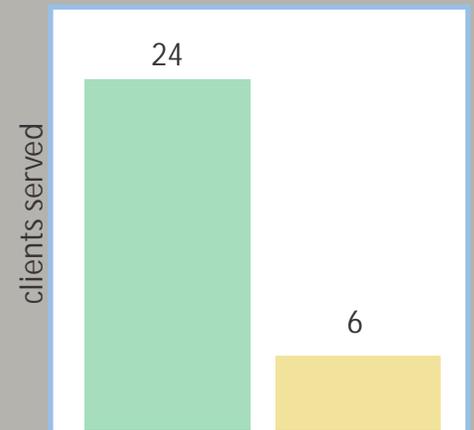
- We are on track to serve more than 1,500 children and families in 2018.
- As we transition from The Children's Home in Worthington to this new home we are in now, please know that there are hundreds of "homes" in our communities that will be a part of UMCH for years to come.

Department Growth from 2016-2017

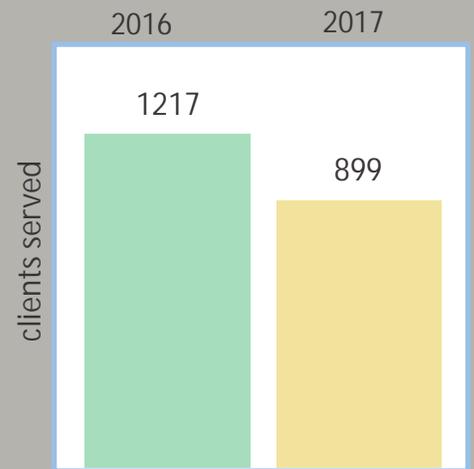
Treatment Foster Care
2016 2017



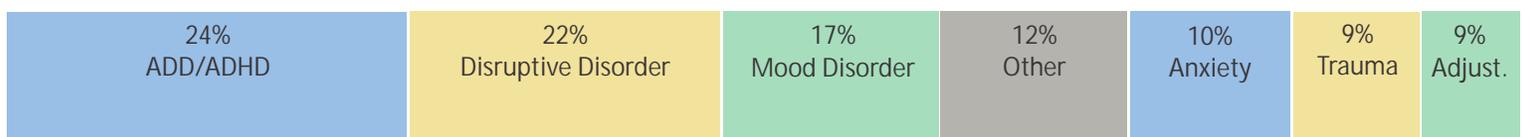
Adoption
2016 2017



Outpatient Mental Health Services



Diagnoses of Children in our Outpatient Mental Health Programs



Our Services

Treatment Foster Care

UMCH Family Services Treatment Foster Care program licenses both traditional and treatment foster homes to provide a safe, structured and nurturing environment for displaced youth. Our multi-disciplinary team works collaboratively to provide high quality services to each child placed within our network including mental health and independent living skills assessments, comprehensive treatment planning, individual and family therapy and more.

Adoption Services

From pre-adoption through post, we offer the full continuum of adoption services—one of the most comprehensive programs in the state with both “foster to adopt” and “adoption only” programs. We provide support, training, home assessments, search, supervision, court reporting, interstate compact, case management, counseling, respite, Family Bridges, and post adoption.

Outpatient Mental Health Services

Families need help from time to time simply navigating life. UMCH Family Services' outpatient mental health program offers children and families help through community and school programs to assist families whose children are experiencing difficulties and seek (or need) professional help as well as children struggling with non-academic issues in the classroom.

Residential AfterCare

UMCH is helping ease the transition for children and adolescents back to their families and communities. Our team supports and guides children, adolescents and families to put their healthier thinking patterns, behaviors and attitudes to work. Once successful transition occurs, families become independent. Our involvement typically lasts six months.

Therapeutic Intervention

Our service providers and families work together to achieve family stability by addressing critical needs. Our team provides support and guidance to children, adolescents and family members to improve communication and family relationships using a time-limited approach that typically lasts six months or less.

Overview of Overall Program Results from 2017

1524

in 2017, we impacted the lives of 1524 vulnerable children.

79%

of the kids referred to our Aftercare/Therapeutic Intervention (who were close to having to leave their homes) were still in-home and attending school at 6 months after intake.

72%

of the kids in our Treatment Foster Care program return home, to a relative, or are adopted into a forever family.

50%

since 2011, we have grown by 50% and continue to grow.

300%

since 2011, we have expanded our outpatient mental health services programs by more than 300%.

WHY

we do

WHAT

we do

UMCH Family Services has a team of highly-skilled, well-trained professionals dedicated to offering child-centered, family-focused care. We provide and preserve families through our treatment foster care, adoption and community-based mental health programs.

These families are just like us but are facing problems that get in the way of their ability to function at their best. We passionately believe in the resiliency and potential of all of our clients, and meet them where they are ... whether that is in our office, or in their home or school. We work to instill in our clients effective, evidence-based skills to overcome the struggles they face.

Because, in an age where the need is great, the resources are few and the outcomes matter, we are literally saving the lives of children, and thereby strengthening our present and future communities.



Vital Statistics

- 56 employees
- 5 psychiatric team members
- 6 service locations: Worthington, Reynoldsburg, near Westerville, near West side, Downtown Columbus, Southwest Ohio
- Serving children and families across Ohio

Our Accreditations and Memberships

- Certified by Ohio Department of Mental Health and Addiction Services
- Nationally Accredited by the Council on Accreditation
- Certified by Ohio Department of Job and Family Services
- Member of National Alliance on Mental Illness
- Member of Ohio Association of Child Caring Agencies
- Certified by the Child Trauma Academy in the Neurosequential Model of Therapeutics

Who Refers Clients

- 30% Franklin County Children Services
- 39% schools
- 12% doctors/hospitals
- 9% other
- 10% parent/relative

Charitable Giving Programs

- \$5 on the 5th
- Planned giving
- Annual giving
- Change Your Hue of Blue

UMCH Family Services Board of Trustees

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UMCH Family Services Directors

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Jennifer Painter, MBA, Director, Finance & HR

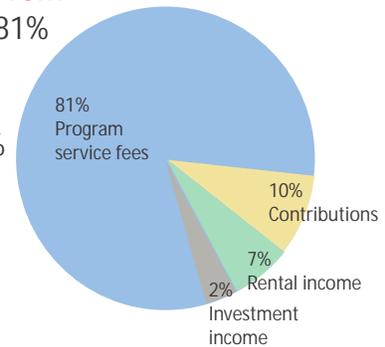
Nate Green, LISW-S, Clinical Director and Regional Director
Shellie Stolfo, LISW-S, Southwest Regional Director

Financial Overview

UMCH Families Services is listed as a 501 (c) (3) nonprofit organization.

Where Our Funds Come From

- Program Service Fees 81%
- Contributions 10%
- Rental Income 7%
- Investment Income 2%



2017 Revenue/Expense

Revenue
\$7,329,234*

Expense
\$5,494,553

*\$1,572,531 of 2017 revenue equals proceeds from the sale of property.

How Our Funds Are Used

- Program Services 87%
- Administration 10%
- Facilities 2%
- Development 1%

